

Isolation and Quarantine Plan (Fall 2021)

Modified from the Salem-Keizer HST-M002 Pandemic Addendum to the Communicable Disease Management Plan for COVID-19

Identifying ill students and staff is critical in illness prevention within school buildings. Students and staff will be trained on how to identify symptoms or self-identify symptoms of COVID-19. Isolation separates sick people with a contagious disease from people who are not sick. Quarantine separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick. The school will provide a remote learning option for students who are required to be temporarily off-site for isolation and quarantine (no more than 14 days at a single time).

Everyday Measures:

Control measures to limit the spread of communicable diseases is an active part of the school comprehensive and preventive health services plan. Routine control measures include:

- Hand hygiene (washing your hands for 20 seconds with soap and water with appropriate friction).
- Respiratory etiquette (cover your coughs and sneezes and throw the tissue in the garbage each use).
- Classroom and common area HEPA filters to increase air quality.
- Routine cleaning, and disinfection when indicated, of shared items and flat surfaces
- Staying home when students or staff are sick, until they have been without symptoms for the specified time frame, without the use of symptom-reducing medication.

Recognition of signs and symptoms of illness

- Ensure staff are aware of symptoms associated with COVID-19
- Students will be screened visually at entry to school daily
- If students are ill, they should be sent to the sick/isolation room for additional evaluation. All ill students are evaluated by trained staff.
- Designated staff will refer to School Exclusion Guidelines and Communicable Disease Policy for exclusion criteria. Trained staff will determine if isolation is indicated.
- All students coming into the health room or sick/isolation room with complaints of illness will be logged. Students requiring isolation will be documented.
- If a student is found to have symptoms consistent with COVID-19, that student will require isolation and guardian contact for immediate dismissal from school. The student will be monitored in the sick/isolation room by designated staff until picked up from school.

Isolation of Sick Individuals

- Parents, families, students, and staff need to be made aware of the importance of staying home while ill and the guidelines for when to notify school. Guidelines, including a decision tree, do not send ill student to school, communicable disease guidance will be available.
- Every school will have a designated sick isolation room in addition to the health room. The isolation room will be stocked with adequate PPE for trained staff.

- The reason for the two separate rooms is to mitigate the spread of disease by keeping healthy individuals separate from ill.
- Confidentiality and candor should be maintained for student receiving care in sick/isolation room. Teachers and staff need to understand that isolation does not mean a diagnosis. The student should not be subjected to stigma or discrimination and mental health needs to be considered while providing care and support to the ill student.
- Students will need to remain in sick/isolation room and monitored by staff until picked up from school. Exposure to other students or staff will be minimized.
- COVID-19 specific isolation measures will be updated as new guidance is received from public health authorities.
- All surfaces will be wiped down with appropriate cleaning agent daily and after each symptomatic individual. Disinfecting will be done by trained staff and when communicable disease protocol is initiated.
- School nurse and health staff in close contact with symptomatic individuals (less than 6 feet) will wear a medical-grade face mask. Other Personal Protective Equipment (PPE) may be needed depending on symptoms and care provided.
- Anyone who has been in close contact with someone who was exposed to COVID-19 DOES NOT need to quarantine.
- Close contacts who have been fully immunized with a COVID-19 vaccine according to the ACIP schedule (for example, received two doses of a two-dose series or one dose of single dose series) and are at least 14 days beyond completion of the vaccine series at the time of their exposure are not required to quarantine. Fully immunized close contacts should still monitor themselves for symptoms of COVID-19 during the 14 days after exposure and if symptoms develop, they should isolate and seek testing.

Sick/Isolation Room

- The rationale behind an isolation room is to mitigate the possible transmission of disease from someone who is ill to someone who is well.
- A sick/isolation room will need to be identified within each school, separate from the already existing health room. Per Oregon Rule 581-022-2220, each building is required to have a health care space that is appropriately supervised and adequately equipped for providing first aid and isolates the sick or injured child from the student body. This needs to be separate from the school health room which is utilized for healthy student needs and health management care.
- The isolation room will contain appropriate PPE for the staff member supervising the ill student. Medical grade masks will be utilized by staff members in the isolation room, in addition to disposable gowns, gloves, and eye protection. PPE will be properly disposed of after use.
- Persons staffing isolation room will require additional training by School Health Nurse on proper use and disposal of PPE.
- Proper cleaning of the sick/isolation room will be performed between students and at the end/beginning of the day, refer to the cleaning protocol. Disinfecting process will be initiated daily, in the event of a positive COVID-19, a communicable disease case, or contaminated body fluids.
- Physical distancing measures will be maintained in the isolation room.
- Students in the isolation room will be logged and log will be maintained for public health officials.